

Menu Nutrient Analysis

Menu: CH Nutrition Profile
Result: **Fail**

Meal Pattern: [USDA]Meal Pattern SY 2014+
Meal Type: Lunch
Serving Group: K-5
Site Group: The Clubhouse

Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[550.00 - 650.00]	144.23	
Fat (g)		5.08	31.68
Sfat (g)(1)	< 10.00 % of Calories	1.77	11.05
TFat (g)(2)		0.00(M)	
Sodium Target 1 (mg) (13)	< 1,230.00	272.44	
Sodium Target 2 (mg) (13)	< 935.00	272.44	
Carb (g)		18.38	50.98
Pro (g)		6.50	18.03

Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Fruit	>= 0.500	[1.000 - 2.000]	
Veg	>= 0.750	[0.250 - 1.750]	
Veg-DG		1.000	
Veg-RO		0.875	
Veg-BP		0.500	
Veg-S		1.250	
Veg-O		0.875	
Grains	>= 1.000	[1.000 - 5.000]	
Non-WGR		[0.000 - 2.000]	
WGR		[1.000 - 5.000]	
Meat/MA	>= 1.000	[1.000 - 2.500]	
MILK-F	>= 1.000	1.000	
Fruit-J		0.500	
Grain-D		0.000	
Vegetable-J		0.000	
MILK-V		Pass	

Legend

PrimeroEdge will flag based on USDA requirements, but your State Agency may issue waivers to allow a Menu Cycle with at least 50% WGR Grains to pass, or for 1% flavored milk to be an acceptable variety. In such instances, as long as you have met the conditions of the waiver, your State Agency will consider you to be in compliance.

(M) Indicates missing nutrient values.

- Standard Value is the daily average requirement for a school week.
- Trans Fat is provided for informational purposes, not for monitoring purposes.
- Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2020 and does not impact pass/fail compliance prior to that date.

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
CH Nutrition Profile	100							
Category: Entrée/Combo; Choose: 1								

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Bacon Cheeseburger, beef with mushroom, american, bacon - OHR1063 (1 sandwich)	1	322.80	14.47	5.60	0.00	744.97	26.90	17.87
Beef Soft Taco 2mt 1.75JTM 8 in tortilla - OHR1174 (1 ea.)	1	302.53	13.90	5.89	0.00	518.60	26.52	16.70
BREADSTICK CHEESE/PEPPERONI OHCOMM - OHR1261 (1 breadstick)	1	280.00	9.00	4.00	0.00	490.00	35.00	12.00
CHEESE SANDWICH American served cold - OHR1195 (1 ea.)	1	340.00	20.00	10.00	0.00	1190.00	28.00	16.00
Cheeseburger, 2.4 oz beef, soy, mushroom patty, American cheese, hamburger roll, RECIPE - OHR1086 (1 burger)	1	330.00	13.50	5.50	0.00	665.00	28.00	19.50
Chicken Nugget 5 OHCOMM WG Pilgrims Pride - OHR1159 (5 nuggets)	1	189.00	9.00	2.00	0.00	357.00	8.00	19.00
Chicken Parmesan, tyson chicken patty, cheese, sauce - OHR1099 (1 serving)	1	367.43	12.49	2.37	0.00	629.85	35.75	26.24
Chicken Patty Sandwich, Tyson/Klosterman - OHR1027 (1 sandwich)	1	340.00	11.00	1.50	0.00	520.00	34.00	24.00
CHICKEN POPCORN OHCOMM PILGRIMS PRIDE WG - OHR1154 (14 EACH .211)	1	164.00	8.00	2.00	0.00	356.00	9.00	15.00
CHICKEN TENDER OHCOMM WG 5 EACH PILGRIMS PRIDE - OHR1161 (5 ea.)	1	193.00	9.00	2.00	0.00	371.00	8.00	20.00
French Toast Sticks w/Sausage Links - OHR1144 (3 stick.)	1	361.00	18.20	5.10	0.03	615.00	38.00	15.70
Fun on the Run/Yogurt/Pretzel - OHR1039 (1 ea.)	1	340.00	9.50	4.00	0.00	365.00	51.00	14.00
Hamburger 2.4 oz beef, soy, mushroom patty, hamburger roll, RECIPE - OHR1198 (1 burger)	1	280.00	9.00	3.00	0.00	410.00	28.00	17.00
Hot Dog, Beef - OHR1023 (1 ea.)	1	320.00	17.00	6.00	0.00	770.00	28.00	11.00
Hot Ham and Cheese Pretzel Sandwich - OHR1133 (1 ea.)	1	320.00	12.00	5.00	0.00	775.00	30.00	21.50

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Macaroni and Cheese D-26 WG - OHR1220 (2/3 c.)	1	371.24	22.37	11.67	0.00(M)	1152.06	26.23	18.74
Meatball sub 4 beef meatballs, spaghetti sauce, RECIPE OHCOMM - OHR1186 (4 Meatballs)	1	388.36	13.36	5.80	0.00	1296.90	43.35	25.59
Mini Corn dog - OHR1094 (6 ea.)	1	270.00	12.00	3.75	0.00	420.00	30.00	10.50
Nachos beef and cheese (liq cheese) LEGOUT CHEESE - OHR1361 (1 serving (1))	1	535.45	23.55	8.28	0.00	2139.41	63.06	20.29
Pizza Meatlovers Big Daddy Bold 1/10 - OHR1136 (10 slice 1/10)	1 (M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Pizza, Cheese, Big Daddy Bold 1/10 - OHR1026 (10 slice 1/10)	1	336.45	14.20	6.45	0.00	391.88	28.63	17.10
Pizza, Pepperoni, Big Daddy Bold 1/10 - OHR1074 (10 slice 1/10)	1	361.05	16.39	7.27	0.00	474.81	28.72	18.10
Popcorn Chicken Bowl - OHR1363 (1 ea.)	1	660.84	30.71	12.78	0.00	1127.12	73.90	24.65
Roast Beef Melt Sandwich - OHR1365 (1 sandwich)	1	327.14	11.47	4.91	0.00	734.06	26.82	26.48
Salad Chef Salad K5 - OHR1105 (1 salad)	1	303.82	10.58	3.66	0.00	551.85	34.13	18.27
Salad Peppi, lettuce, pepperoni, cheese - OHR1042 (1 salad)	1	373.84	14.69	5.06	0.00	901.60	39.54	23.31
Salad Popcorn chicken Elem - OHR1002 (1 salad)	1	415.05	20.31	5.33	0.00	642.27	35.02	23.55
Sausage Links, pork - OHR1020 (1 serving (1))	1	120.00	12.00	4.00	0.00	250.00	0.00	6.00
Super Hero Sack Turkey and Cheese - OHR1128 (1 ea.)	1	230.44	6.28	1.77	0.00	521.31	26.01	17.04
taco salad ELEM - OHR1100 (1 salad)	1	436.92	21.52	6.58	0.00	630.59	46.23	16.47
Walking/Jogging Taco, Beef, cheese - OHR1049 (1 ea.)	1	413.67	16.66	3.04	0.10	1150.13	50.87	17.54
yogurt and fruit plate - OHR1006 (1 serving (1))	1	478.98	10.60	8.01	0.00	549.28	86.85	11.63
Category: Grains; Choose: 1								

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Dinner Roll 1 grain - OHR1003 (1 ea.)	1	80.00	1.00	0.00	0.00	135.00	15.00	3.00
Dutch Waffle, Whole grain - OHR1031 (1 ea.)	1	300.00	13.00	3.00	0.00	350.00	43.00	4.00
Maple Mini Pancakes, Eggo Bites 3.03 oz, IW - SR1590 (1 pkg.)	1	210.00	6.00	1.00	0.00	320.00	35.00	4.00
Category: Fruit; Choose: 1								
Apple, fresh, whole, 138 ct - OHR1009 (1 ea.)	1	80.00	0.00	0.00	0.00	0.00	22.00	0.00
APPLESAUCE CUPS MIXED FRUIT OHCOMM - OHR1276 (1 EACH CUP)	1	90.00	0.00	0.00	0.00	15.00	22.00	0.00
Applesauce, canned, unsweetened - SR1195 (1/2 c.)	1	53.58	0.13	0.01	0.00	2.55	14.38	0.22
Bananas, fresh, petite or regular - SR1166 (1 medium (7"))	1	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Strawberries - SR1546 (1/2 c.)	1	23.04	0.22	0.01	0.00	0.72	5.53	0.48
Fruit Mix, Dried USDA - OHR1353 (1/4 c.)	1	104.00	0.00	0.00	0.00	7.00	27.00	0.00
Kiwifruit, ready-to-serve - SR1582 (1/2 c.)	1	50.31	0.43	0.02	0.00	2.47	12.09	0.94
Mandarin Oranges, canned in light syrup, drained - SR1557 (1/2 c.)	1	55.91	0.09	0.01	0.00	5.50	14.84	0.41
Mixed Fruit Cocktail, canned, in pear juice, drained - SR1037 (1/2 c.)	1	49.99	0.00	0.00	0.00	4.35	12.89	0.50
Oranges, fresh, whole, unpeeled - SR1171 (1 small (2-3))	1	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Peaches, cling, diced, canned in pear juice, drained - SR1196 (1/2 c.)	1	57.95	0.04	0.00	0.00	5.27	15.24	0.83
Pears, canned, diced, packed in juice, drained - SR1194 (1/2 c.)	1	49.27	0.07	0.00	0.00	3.94	12.75	0.34
Pears, fresh, whole, unpeeled, ready-to-serve, 120 ct - SR1585 (1 medium)	1	101.46	0.25	0.04	0.00	1.78	27.11	0.64
Pineapple, Tidbits - OHR1028 (1/2 c.)	1	54.30	0.10	0.01	0.00	0.91	14.08	0.46
Red Seedless Grapes - SR1496 (1/2 c.)	1	62.60	0.14	0.05	0.00	1.81	16.42	0.65

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Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
STRAWBERRY CUP FROZEN USDA - OHR1329 (1 ea.)	1	90.00	0.00	0.00	0.00	0.00	22.00	1.00
Category: Fruit Juice; Choose: 1								
Apple Juice, 100% Suncup 4 fl oz - SR1204 (4 fl oz cup)	1	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Grape Juice, 100% Suncup 4 fl oz - SR1607 (4 fl oz cup)	1	80.00	0.00	0.00	0.00	10.00	19.00	0.00
Orange Juice, 100% Suncup 4 fl oz - SR1295 (4 fl oz cup)	1	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Category: Vegetable; Choose: 1								
Beans, baked, vegetarian, brown sugar, onion, molasses - SR1336 (1/2 c.)	1	225.33	0.02	0.01	0.00	593.41	53.23	7.53
Broccoli, frozen cut or chopped, heated, drained - SR1028 (1/2 c.)	1	26.46	0.11	0.02	0.00	11.13	5.06	2.93
Carrots, coins, seasoned - SR1017 (1/2 c.)	1	75.49	5.10	0.50	0.04	179.98	7.47	0.62
Carrots, fresh baby, ready-to-serve - SR1016 (1/2 c.)	1	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Celery Sticks, fresh, 1/2-inch by 4-inch, ready-to-serve - SR1014 (3 stick.)	1	5.17	0.06	0.01	0.00	25.86	0.96	0.22
CORN AND BLACK BEANS - OHR1301 (1/2 c.)	1	100.69	1.74	0.16	0.01	146.58	19.50	3.99
Corn, frozen, whole kernel, tempered, ready-to-serve - SR1033 (1/2 c.)	1	68.89	0.57	0.09	0.00	0.85	16.41	2.17
Cucumbers, unpared, 1/4-inch sliced, ready-to-serve - SR1013 (1/2 c.)	1	9.22	0.07	0.02	0.00	1.23	2.23	0.40
Green beans Canned USDA or Prime - OHR1313 (1 1/2 cup)	1	14.00	0.07	0.02	0.00	140.00	3.04	0.78
Green Beans, cut, heated, seasoned - SR1021 (1/2 c.)	1	22.18	0.13	0.04	0.00	43.09	5.11	1.18
Marinara Sauce, homemade - SR1430 (1/2 c.)	1	50.04	0.03	0.01	0.00	119.93	11.42	2.12

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Mashed Potatoes, Signature - SR1112 (1/2 c.)	0	85.25	1.16	0.78	0.00	91.83	16.27	1.55
Mixed Vegetables, carrots, corn, green beans, peas - SR1583 (1/2 c.)	1	51.85	0.43	0.08	0.00	90.78	11.05	2.23
Potato, Au gratin, cheesy - OHR1034 (1/2 c.)	1	134.22	4.12	1.22	0.00	604.57	22.20	2.02
Potatoes, French fries, straight cut, ovenable - SR1444 (1/2 c.)	1	102.93	3.56	0.40	0.00	126.68	17.42	1.58
Refried Beans, vegetarian - SR1070 (1/2 c.)	1	138.38	1.48	0.00	0.00	487.03	22.73	7.91
Salad side super - OHR1007 (1 c.)	1	58.06	0.38	0.04	0.00	52.67	12.20	2.94
Sweet Potato Fries - OHR1008 (1/2 c.)	1	160.00	5.00	1.00	0.00	140.00	26.00	2.00
Tater Tots, potato, ORE-IDA, ovenable - SR1450 (1/2 c.)	1	129.77	5.99	1.00	0.00	309.45	15.97	2.00
Tomato, cherry - OHR1025 (1/2 c.)	1	13.41	0.15	0.02	0.00	3.73	2.90	0.66
Category: Milk; Choose: 1								
Milk, Chocolate trumoo, reiter - OHR1089 (1 Half Pint)	1	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Milk, Strawberry trumoo, reiter - OHR1090 (1 Half Pint)	1	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Milk, white,1%, reiter - OHR1091 (1 Half Pint)	1	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Category: Condiment; Choose: 1								
Barbecue Sauce, portion control, Heinz - OHR1345 (1 packet)	1	12.00	0.00	0.00	0.00	68.00	3.20	0.00
Chicken Gravy, low sodium, RECIPE - SR1589 (1 fl. oz.)	1	15.19	0.51	0.00	0.00	66.70	2.02	0.00
Ketchup, Heinz 1.5 gallon dispenser pack - SR1004 (1 pump)	1	40.00	0.00	0.00	0.00	320.00	10.00	0.00
Mayonnaise, Light Cholesterol Free Dressing - SR1005 (1 tbsp.)	1	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Mustard, Classic Yellow - SR1006 (1 tbsp.)	1	0.00	0.00	0.00	0.00	165.00	0.00	0.00

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Menu Item (Serving Size)	Plan Qty	Calorie s (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Original Homestyle Ranch Salad Dressing, light, Hidden Valley - SR1003 (1 tbsp.)	1	25.00	1.75	0.25	0.00	185.00	2.50	0.00
Salsa ,canned - OHR1017 (1 tbsp.)	1	22.00	0.12	0.02	0.00	70.00	4.37	0.94
Sour Cream, pkt - OHR1015 (1 ea.)	1	60.00	5.00	3.50	0.00	50.00	2.00	1.00
Syrup, maple flavor, bulk - SR1158 (2 tbsp.)	1	117.75	0.00	0.00	0.00	39.25	29.16	0.00