

Menu Day – Nutrient Analysis

Menu: CRC Nutrition Analysis 19
Result: **Fail**

Meal Pattern: [USDA]Meal Pattern SY 2014+
Meal Type: Lunch
Serving Group: 9-12
Site Group: CrossRoads Café

Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[750.00 - 850.00]	204.56	
Fat (g)		7.05	31.00
Sfat (g)(1)	< 10.00 % of Calories	2.35	10.35
TFat (g)(2)		0.00(M)	
Chol (mg)		19.82	
Sodium Target 1 (mg) (13)	< 1,420.00	368.90	
Sodium Target 2 (mg) (13)	< 1,080.00	368.90	
Carb (g)		27.08	52.96
TDF (g)		3.13	
Sugars (g)		10.36	20.26
Pro (g)		8.86	17.32
Fe (mg)		1.32(M)	
Ca (mg)		95.38(M)	
A,IU		1,553.05(M)	
VitC (mg)		9.22(M)	
Mois (g)		40.08(M)	
Ash (g)		0.23(M)	

Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Fruit	>= 1.000	[1.500 - 2.000]	
Veg	>= 1.000	[1.000 - 3.125]	
Veg-DG		1.500	
Veg-RO		1.500	
Veg-BP		1.500	
Veg-S		1.750	
Veg-O		1.750	
Grains	>= 2.000	[1.750 - 5.000]	
Non-WGR		[0.000 - 2.000]	
WGR		[1.000 - 5.000]	
Meat/MA	>= 2.000	[2.000 - 3.000]	
MILK-F	>= 1.000	1.000	
Fruit-J		0.500	
Grain-D		0.000	
Vegetable-J		0.000	
MILK-V		Pass	

Legend

PrimeroEdge will flag based on USDA requirements, but your State Agency may issue waivers to allow a Menu Cycle with at least 50% WGR Grains to pass, or for 1% flavored milk to be an acceptable variety. In such instances, as long as you have met the conditions of the waiver, your State Agency will consider you to be in compliance.

(M) Indicates missing nutrient values.

- Standard Value is the daily average requirement for a school week.
- Trans Fat is provided for informational purposes, not for monitoring purposes.
- Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2020 and does not impact pass/fail compliance prior to that date.

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
CRC Nutrition Analysis 19	100																

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Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Category: Entrée/Combo; Choose: 1																	
Bacon Cheeseburger, beef with mushroom, american, bacon - OHR1063 (1 sandwich)	1	322.80	14.47	5.60	0.00	35.40	744.97	26.90	2.10	3.30	17.87	2.64	157.00	150.70	0.30	0.00(M)	0.00(M)
Beef Soft Taco 2mt,2gr JTM OHCOMM or GFS 2 6in shells - OHR1173 (1 ea.)	1	332.53	14.90	5.89	0.00	40.83	568.60	30.52	3.26	3.26	18.70	2.70	259.00	416.31	3.15	(M)	(M)
BREADSTICK BOSCO/SAUCE - OHR1019 (2 ea.)	1	328.59	10.23	5.04	0.01	30.00	660.21	39.72	4.94	5.83	20.95	2.86	310.82	328.61	4.75	(M)	(M)
Buffalo Chicken Pizza 1/8 - OHR1240 (8 slice 1/8)	1	418.29	16.84	7.08	0.00	41.89	693.46	43.78	4.00	7.31	20.75	2.70	250.00	400.00	0.00	(M)	(M)
CHEESE SANDWICH American served cold - OHR1195 (1 ea.)	1	340.00	20.00	10.00	0.00	50.00	1190.00	28.00	2.00	2.00	16.00	1.44	380.00	600.00	0.00	0.00(M)	0.00(M)
Chicken Nuggets, Tyson - SR1367 (5 nugget)	1	259.49	14.97	2.50	0.00	24.95	399.21	15.97	2.99	1.00	15.97	1.80	0.00	99.80	0.00	(M)	(M)
Chicken Parmesan, tyson chicken patty, cheese, sauce - OHR1099 (1 serving)	1	363.60	12.58	2.38	0.00	48.74	626.25	34.96	5.18	3.50	26.12	2.58	111.99	49.82 (M)	0.00(M)	0.00(M)	0.00(M)
Chicken Patty Sandwich, Tyson/Klosterman - OHR1027 (1 sandwich)	1	340.00	11.00	1.50	0.00	45.00	520.00	34.00	5.00	3.00	24.00	2.52	60.00	0.00	0.00	0.00(M)	0.00(M)
Chicken Patty Spicy Sandwich, Tyson/Klosterman - OHR1053 (1 sandwich)	1	410.00	17.00	3.00	0.00	25.00	630.00	42.00	5.00	4.00	20.00	4.14	100.00	100.00	0.00	0.00(M)	0.00(M)
CHICKEN TENDER WG TYSON 4 PIECE - OHR1166 (4 ea.)	1	346.67	20.00	3.33	0.00	33.33	520.00	21.33	4.00	1.33	20.00	2.40	53.33	133.33	0.00	(M)	(M)
Chicken, Bacon Ranch Pizza 1/8 - OHR1241 (8 slice 1/8)	1	430.79	17.93	7.39	0.00	45.02	545.03	43.78	4.00	7.31	21.37	2.70	250.00	400.00	0.00	(M)	(M)
Deli Bar - OHR1057 (1 serving)	1	349.44	13.91	5.36	0.00	43.86	803.91	35.56	4.10	5.15	19.93	2.23	205.20	433.93	8.55	28.74 (M)	0.14(M)
DRUMSTICK CHICKEN TYSON - OHR1164 (1 EACH 5.42)	1	190.00	11.00	2.50	0.00	50.00	450.00	5.00	1.00	0.00	16.00	1.08	20.00	100.00	0.00	(M)	(M)
FAJITA CHICKEN, SHREDDED CHEESE USDA 10 INCH - OHR1181 (1 ea.)	1	345.60	12.57	5.78	0.00	78.06	878.68	31.31	4.99	4.13	24.11	1.51(M)	228.24 (M)	100.36 (M)	0.50(M)	17.21 (M)	0.07(M)
French Toast Sticks w/Sausage Links MS/HS - OHR1243 (1 serving)	1	422.00	19.40	6.20	0.06	240.00	780.00	44.00	4.80	16.00	21.40	2.88	140.00	300.00	0.00	(M)	(M)

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Generated on: 7/16/2019 1:53:22 PM by Jodie Havert

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
GRILLED CHEESE SANDWICH American/mozz italian seasoning - OHR1132 (1 ea.)	1	440.75	28.25	13.75	0.00	40.00	979.79	31.08	2.04	2.02	19.02	1.51	432.35	1002.90	0.06	0.01(M)	0.01(M)
Hamburger 2.4 oz beef, soy, mushroom patty, hamburger roll, RECIPE - OHR1198 (1 burger)	1	280.00	9.00	3.00	0.00	25.00	410.00	28.00	2.00	3.00	17.00	3.04	89.30	1.00	0.50	0.00(M)	0.00(M)
Homemade Mac and Cheese - OHR1447 (2/3 c.)	1	376.51	22.15	11.54	0.00(M)	52.94	1152.06	26.42	0.87	9.38	18.74	0.83	508.09	764.54 (M)	0.92(M)	227.95 (M)	1.54(M)
Meatball sub 4 beef meatballs, spaghetti sauce, RECIPE OHCOMM - OHR1186 (4 Meatballs)	1	386.07	13.74	5.87	0.01	37.99	1232.23	42.90	4.30	10.99	25.51	4.04	308.23	734.00	7.73	0.00(M)	0.00(M)
Mini Corn dog - OHR1094 (6 ea.)	1	270.00	12.00	3.75	0.00	37.50	420.00	30.00	4.50	6.00	10.50	2.16	150.00	0.00	0.00	(M)	(M)
Nachos beef and cheese (liq cheese) LEGOUT CHEESE - OHR1361 (1 serving (1))	1	535.45	23.55	8.28	0.00	33.12	2139.41	63.06	4.73	12.20	20.29	1.89	171.19	609.46	4.73	(M)	(M)
Pizza Hurricane (Wilmington) - OHR1364 (1 serving (1))	1	301.15	10.66	3.86	0.00	43.12	875.89	30.76	4.36	5.91	21.12	3.52	194.27	662.14 (M)	4.74(M)	0.04(M)	0.42(M)
Pizza Meatlovers Big Daddy Bold 1/8 - OHR1137 (1 slice)	1	460.48	20.78	8.68	0.04	50.78	636.62	43.60	4.14	7.21	22.53	2.93	255.73	411.12	0.20	(M)	(M)
Pizza, Cheese, Big Daddy Bold 1/8 - OHR1073 (8 slice 1/8)	1	400.00	16.00	7.00	0.00	35.00	440.00	43.00	4.00	7.00	19.00	2.70	250.00	400.00	0.00	(M)	(M)
Pizza, Pepperoni, Big Daddy Bold 1/8 - OHR1052 (1 slice 1/8)	1	424.60	18.19	7.82	0.00	40.01	522.92	43.09	4.00	7.09	20.00	2.73	250.00	400.46	0.00	(M)	(M)
Pizza, Sausage, Big Daddy Bold 1/8 - OHR1112 (8 slice 1/8)	1	445.99	19.92	8.34	0.07	43.76	565.60	43.67	4.22	7.21	21.02	2.90	259.17	417.18	0.13	(M)	(M)
Popcorn Chicken Bowl - OHR1363 (1 ea.)	1	655.57	31.05	13.00	0.00	36.93	1107.92	72.62	7.29	6.43	25.10	3.30	241.97	102.03	9.95	186.65 (M)	0.42(M)
Popcorn Chicken, Tyson - SR1413 (12 piece)	1	253.34	15.20	2.53	0.00	25.33	385.07	16.21	3.04	1.01	15.20	1.82	0.00	101.33	0.00	(M)	(M)
Pretzel Bun Turkey, american cheese, bacon - OHR1362 (1 sandwich)	1	350.00	14.17	5.50	0.00	62.50	791.67	29.00	3.00	2.00	26.17	2.16	95.00	150.00	0.00	(M)	(M)
Salad Buffalo Chicken Large - OHR1104 (1 salad)	1	326.12	8.87	2.56	0.00	54.50	1107.82	37.85	5.27	6.84	23.61	3.05	236.50	15632.60	18.16	190.22 (M)	1.54(M)
Salad Chef Salad Large - OHR1106 (1 salad)	1	314.96	10.71	3.68	0.00	111.64	574.98	36.21	4.29	6.19	19.33	3.45	231.23	11023.81	18.59	175.82 (M)	1.21(M)

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Salad Popcorn chicken Elem - OHR1002 (1 salad)	1	415.05	20.31	5.33	0.00	34.91	642.27	35.02	5.08	4.73	23.55	3.91	207.29	8433.19	15.85	129.93 (M)	0.92(M)
Salad, Cobb - OHR1051 (1 salad)	1	434.88	18.45	5.26	0.00	163.24	914.98	35.37	4.25	5.95	31.58	3.22	227.61	11220.00	18.85	157.44 (M)	1.14(M)
Stir-Fry Chicken, LoMein, stir-fry sauce - OHR1041 (1 c.)	1	168.04	3.82	0.30	0.00	31.48	596.98	20.95	1.89	7.00	12.39	0.93	17.62	2994.06 (M)	10.90 (M)	55.17 (M)	0.68(M)
Stir-fry Chicken, tyson popcorn, Gen Tso Sauce, White rice - OHR1082 (2 c.)	1	657.30	18.24	3.20	0.00	25.57	806.97	96.42	6.80	18.28	24.89	3.47	155.92	177.85	3.00	86.12 (M)	0.16(M)
Taco Pizza, 8-cut, JTM beef, Big Daddy's Bold 16-inch - SR2086 (1 slice)	1	440.55	17.62	7.50	0.00	42.54	556.68	46.48	4.76	7.71	22.09	3.15	262.63	555.70	1.82	3.10(M)	0.06(M)
Category: Grains; Choose: 1																	
Dinner Roll 1 grain - OHR1003 (1 ea.)	1	80.00	1.00	0.00	0.00	0.00	135.00	15.00	1.00	2.00	3.00	0.72	40.00	0.00	0.00	0.00	0.00
Dutch Waffle, Whole grain - OHR1031 (1 ea.)	1	300.00	13.00	3.00	0.00	20.00	350.00	43.00	3.00	12.00	4.00	1.80	0.00	0.00	0.00	(M)	(M)
Category: Fruit; Choose: 2																	
APPLE SLICES FRESH MARKON GFS 792382 - OHR1317 (1/2 c.)	2	28.50	0.00	0.00	0.00	0.00	0.50	7.50	1.50	5.50	0.00	0.09	5.00	25.00	2.40	(M)	(M)
Apple, fresh, whole, 138 ct - OHR1009 (1 ea.)	2	80.00	0.00	0.00	0.00	0.00	0.00	22.00	5.00	16.00	0.00	0.36	0.00	100.00	4.80	0.00	0.00
Applesauce cup - OHR1118 (1 ea.)	2	51.00	0.00	0.00	0.00	0.00	2.00	14.00	1.00	11.00	0.00	(M)	(M)	(M)	(M)	(M)	(M)
C - Applesauce, canned, unsweetened - SR1195 (1/2 c.)	2	53.58	0.13	0.01	0.00	0.00	2.55	14.38	1.40	11.98	0.22	0.29	5.10	37.00	1.28	(M)	(M)
C - Mixed Fruit Cocktail, canned, in pear juice, drained - SR1037 (1/2 c.)	2	49.99	0.01	0.00	0.00	0.00	4.35	12.89	1.09	11.80	0.50	0.23	8.70	331.49	2.93	-3.68 (M)	(M)
C - Peaches, cling, diced, canned in pear juice, drained - SR1196 (1/2 c.)	2	57.95	0.04	0.00	0.00	0.00	5.27	15.24	1.71	13.53	0.83	0.36	7.90	501.75	4.74	-4.25 (M)	(M)
C - Pears, canned, diced, packed in juice, drained - SR1194 (1/2 c.)	2	49.27	0.07	0.00	0.00	0.00	3.94	12.75	1.58	9.56	0.34	0.29	8.87	5.91	1.58	(M)	(M)
Cranberries, dried, sweetened - OHR1337 (1/4 c.)	2	123.20	0.44	0.04	0.00	0.00	2.00	33.12	2.12	29.02	0.07	0.16	3.60	18.40	0.08	(M)	(M)
F - Bananas, fresh, petite or regular - SR1166 (1 medium (7"))	2	105.02	0.39	0.13	0.00	0.00	1.18	26.95	3.07	14.43	1.29	0.31	5.90	75.52	10.27	(M)	(M)

Menu Day – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calorie s (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
F - Kiwifruit, ready-to-serve - SR1582 (1/2 c.)	2	50.31	0.43	0.02	0.00	0.00	2.47	12.09	2.47	7.41	0.94	0.26	28.04	71.75	76.45	68.51	0.50
F - Oranges, fresh, whole, unpeeled - SR1171 (1 small (2-3))	2	45.12	0.12	0.01	0.00	0.00	0.00	11.28	2.30	8.98	0.90	0.10	38.40	216.00	51.07	83.28	0.42
F - Strawberries, fresh - SR1546 (1/2 c.)	2	23.04	0.22	0.01	0.00	0.00	0.72	5.53	1.44	3.52	0.48	0.30	11.52	8.64	42.34	65.48	0.29
F - Watermelon, 1/2-inch diced, without rind, ready-to-serve - SR1299 (1/2 c.)	2	27.67	0.14	0.02	0.00	0.00	0.92	6.96	0.37	5.72	0.56	0.22	6.46	524.79	7.47	84.34	0.23
Fruit Mix, Dried USDA - OHR1353 (1/4 c.)	2	104.00	0.00	0.00	0.00	0.00	7.00	27.00	2.00	23.00	0.00	(M)	(M)	(M)	(M)	(M)	(M)
Mandarin Oranges, canned in light syrup, drained - SR1557 (1/2 c.)	2	54.99	0.00	0.00	0.00	0.00	0.00	13.75	0.92	12.83	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Pineapple, Tidbits - OHR1028 (1/2 c.)	2	54.30	0.10	0.01	0.00	0.00	0.91	14.08	1.18	12.90	0.46	0.25	14.48	45.25	8.51	(M)	(M)
Red Seedless Grapes - SR1496 (1/2 c.)	2	62.60	0.14	0.05	0.00	0.00	1.81	16.42	0.82	14.04	0.65	0.33	9.07	59.87	2.90	73.06	0.44
STRAWBERRY CUP FROZEN USDA - OHR1329 (1 ea.)	2	90.00	0.00	0.00	0.00	22.00	0.00	22.00	2.00	18.00	1.00	(M)	(M)	(M)	(M)	(M)	(M)
Category: Fruit Juice; Choose: 1																	
Apple Juice, 100% Suncup 4 fl oz - SR1204 (4 fl oz cup)	1	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Juice, grape, 100% Suncup, 4 fl oz - SR1607 (4 fl oz cup)	1	80.00	0.00	0.00	0.00	0.00	10.00	19.00	0.00	18.00	0.00	0.00	0.00	0.00	60.00	(M)	(M)
Juice, orange,100% Suncup, 4 fl oz - SR1295 (4 fl oz cup)	1	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	42.00	(M)	(M)
Category: Vegetable; Choose: 2																	
Beans, baked, vegetarian, brown sugar, onion, molasses - SR1336 (1 c.)	2	450.66	0.04	0.01	0.00	0.00	1186.82	106.46	10.87	65.09	15.07	5.35	164.93	0.29	1.06	18.89 (M)	0.98(M)
BP - Refried Beans, pinto, vegetarian - SR1070 (1/2 c.)	2	161.28	0.58	0.00	0.00	0.00	158.86	28.80	10.37	0.00	10.37	2.07	49.42	0.00	0.00	104.57 (M)	0.11(M)
Broccoli, frozen cut or chopped, heated, drained - SR1028 (1/2 c.)	2	26.46	0.11	0.02	0.00	0.00	11.13	5.06	2.84	1.39	2.93	0.58	31.92	955.38	37.89	84.83	0.70
Carrots, coins, seasoned - SR1017 (1/2 c.)	2	75.49	5.10	0.50	0.04	0.00	179.98	7.47	3.10	3.75	0.62	0.52	33.23	15520.86	2.11	89.14 (M)	0.98(M)

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Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
DG - Broccoli, fresh florets, trimmed, ready-to-serve - SR1027 (1/2 c.)	2	10.84	0.12	0.01	0.00	0.00	10.53	2.12	0.83	0.54	0.90	0.23	14.99	198.70	28.45	(M)	(M)
French fries, potato, straight cut, ovenable - SR1444 (1/2 c.)	2	102.93	3.56	0.40	0.00	0.00	126.68	17.42	1.58	0.00	1.58	0.57	0.00	0.00	2.85	(M)	(M)
Green beans Canned USDA or Prime - OHR1313 (1 1/2 cup)	2	14.00	0.07	0.02	0.00	0.00	140.00	3.04	1.30	0.65	0.78	0.61	18.00	294.00	3.20	(M)	(M)
Mixed Vegetables, carrots, corn, green beans, peas - SR1583 (1/2 c.)	2	51.85	0.43	0.08	0.00	0.00	90.78	11.05	3.09	3.16	2.23	0.74	24.62	4935.54	4.56	58.55 (M)	0.61(M)
O - Celery Sticks, fresh, 1/2-inch by 4-inch, ready-to-serve - SR1014 (6 stick.)	2	10.34	0.11	0.03	0.00	0.00	51.71	1.92	1.03	0.87	0.45	0.13	25.86	290.23	2.00	61.68	0.49
O - Cucumbers, unpared, 1/4-inch sliced, ready-to-serve - SR1013 (1/2 c.)	2	9.22	0.07	0.02	0.00	0.00	1.23	2.23	0.31	1.03	0.40	0.17	9.84	64.54	1.72	58.54	0.23
Potato, Au gratin, cheesy - OHR1034 (1/2 c.)	2	44.06	2.81	1.22	0.00	0.00	79.44	4.59	0.21	0.63	0.42	0.08	8.35	115.02	0.00	135.18 (M)	0.14(M)
Potato, mashed, Signature - SR1112 (1/2 c.)	2	79.98	1.50	1.00	0.00	0.00	102.63	15.00	1.00	1.00	2.00	0.23	12.93	2.61	6.38	84.98 (M)	0.09(M)
Potato, tot - OHR1021 (1/2 c.)	2	130.81	6.04	1.01	0.00	0.00	311.93	16.10	2.01	0.00	2.01	0.00	0.00	0.00	3.62	(M)	(M)
RO - Carrots, baby-cut, ready-to-serve - SR1016 (1/2 c.)	2	25.40	0.09	0.02	0.00	0.00	56.61	5.98	2.10	3.46	0.46	0.65	23.22	10008.06	1.89	(M)	(M)
S - Corn, frozen, whole kernel, heated - SR1034 (1/2 c.)	2	68.89	0.57	0.09	0.00	0.00	0.85	16.41	2.04	2.61	2.17	0.35	3.40	2.55	5.36	63.79	0.41
Salad Side Romaine with Carrots - OHR1434 (1 salad)	2	12.07	0.19	0.02	0.00	0.00	8.57	1.89	1.36	0.95	0.76	0.57	20.72	5932.86	2.62	59.03	0.39
Sweet Potato Fries - OHR1008 (1/2 c.)	2	160.00	5.00	1.00	0.00	0.00	140.00	26.00	4.00	13.00	2.00	0.72	40.00	5000.00	3.60	(M)	(M)
Tomato Soup, Classic, Campbells. RECIPE - OHR1209 (6 fl. oz.)	2	54.87	0.69	0.34	0.00	0.00	283.88	10.97	0.69	6.86	0.69	0.25	2.66	274.36	4.12	88.71 (M)	0.09(M)
Tomato, cherry - OHR1025 (1/2 c.)	2	13.41	0.15	0.02	0.00	0.00	3.73	2.90	0.89	1.96	0.66	0.20	7.45	620.59	10.21	70.42	0.37
Vegetable, oriental blend - OHR1059 (1/2 c.)	2	17.50	0.00	0.00	0.00	0.00	7.50	2.50	1.00	1.00	0.50	0.00	100.00	50.00	0.60	(M)	(M)
Category: Milk; Choose: 1																	
Milk, Chocolate trumoo, reiter - OHR1089 (1 Half Pint)	1	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	0.00	0.00

Menu Day – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Milk, Strawberry trumoo, reiter - OHR1090 (1 Half Pint)	1	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	1750.00	1.20	0.00	0.00
Milk, white,1%, reiter - OHR1091 (1 Half Pint)	1	110.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	0.00	0.00
Category: Condiment; Choose: 1																	
Barbecue Sauce Smokey Bulk - OHR1306 (1 tbsp.)	1	15.00	0.00	0.00	0.00	0.00	235.00	3.50	0.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
DRESSING LITE RANCH NEWMANS OWN - OHR1359 (1 pkg.)	1	120.00	11.00	2.00	0.00	10.00	420.00	3.00	0.00	2.00	1.00	0.00	0.00	0.00	0.00	(M)	(M)
Dressing, Italian, packet - OHR1014 (1 ea.)	1	10.00	0.50	0.00	0.00	0.00	110.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
DRESSING, RANCH DRESSING, HIDDEN VALLEY BULK - OHR1430 (2 tbsp.)	1	120.00	13.00	7.50	0.00	10.00	250.00	2.00	0.00	1.00	0.00	0.00	10.00	15.00	0.00	(M)	(M)
Dressing, Ranch, packet - OHR1013 (1 ea.)	1	51.43	5.14	0.64	0.00	4.29	107.14	0.86	0.00	0.86	0.00	0.00	0.00	0.00	0.00	(M)	(M)
French Salad Dressing, Fat Free - OHR1305 (2 tbsp.)	1	35.00	0.00	0.00	0.00	0.00	390.00	10.00	1.00	9.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Gravy, chicken, low sodium - SR1589 (1/4 c.)	1	30.37	1.01	0.00	0.00	0.00	133.40	4.05	0.00	0.71	0.00	0.00	1.78	0.00	0.00	59.14 (M)	0.06(M)
ITALIAN DRESSING LITE PACK - OHR1358 (1 pkg.)	1	80.00	9.00	1.50	0.00	0.00	370.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Ketchup, Heinz 1.5 gallon dispenser pack - SR1004 (1 pump)	1	20.00	0.00	0.00	0.00	0.00	160.00	5.00	0.00	4.00	0.00	0.00	0.00	100.00	1.20	(M)	(M)
Mayonnaise, Light Cholesterol Free Dressing - SR1005 (1 tbsp.)	1	45.00	4.00	0.50	0.00	0.00	130.00	2.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Mustard, Classic Yellow - SR1006 (1 tbsp.)	1	0.00	0.00	0.00	0.00	0.00	165.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Original Homestyle Ranch Salad Dressing, light, Hidden Valley - SR1003 (1 tbsp.)	1	25.00	1.75	0.25	0.00	2.50	185.00	2.50	0.00	1.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Salsa ,canned - OHR1017 (1 tbsp.)	1	22.00	0.12	0.02	0.00	0.00	70.00	4.37	0.90	4.37	0.94	1.40	7.00	343.00	2.50	(M)	(M)
Sauce, buffalo ranch, Franks hot sauce, cayenne pepper, cilantro - SR1453 (1 tbsp.)	1	16.79	1.17	0.17	0.00	1.67	323.36	1.69	0.01	0.67	0.01	0.00	0.07	17.31	0.04	0.00(M)	0.00(M)
Sour Cream, Bulk - OHR1016 (1 tbsp cream)	1	30.00	3.00	1.75	0.00	10.00	25.00	1.00	0.00	0.50	0.50	0.00	20.00	100.00	0.00	(M)	(M)

Menu Day – Nutrient Analysis

Generated on: 7/16/2019 1:53:22 PM by Jodie Havert

Menu Item (Serving Size)	Plan Qty	Calorie s (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Syrup, maple flavor, bulk - SR1158 (2 tbsp.)	1	117.75	0.00	0.00	0.00	0.00	39.25	29.16	0.00	19.63	0.00	0.00	0.00	0.00	0.00	(M)	(M)