

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

1

2

A Fruit & Yogurt Plate and a Selection of Fresh Fruits & Vegetables are served Daily

5

6

7

8

9

A Fruit & Yogurt Plate and a Selection of Fresh Fruits & Vegetables are served Daily

12

13

14

15

16

A Fruit & Yogurt Plate and a Selection of Fresh Fruits & Vegetables are served Daily

19

All Lunches Must Meet the Required  
USDA Meal Pattern

20

21

22

23

A Fruit & Yogurt Plate and a Selection of Fresh Fruits & Vegetables are served Daily



27

Boneless Chicken Wings  
& Choice of Sauce  
Cheese Pizza  
Chef's Salad w/ Dinner Roll  
Tater Tots  
Fruit  
Milk

28

Chicken Patty, Bacon, & Cheese  
Sandwich  
Cheese Pizza  
Chef's Salad w/ Dinner Roll  
Roasted Carrots  
Fruit  
Milk

29

Corn Dog  
Cheese Pizza  
Chef's Salad w/ Dinner Roll  
Baked Beans  
Fruit  
Milk

30

Pepperoni Pizza  
Cheese Pizza  
Chef's Salad w/ Dinner Roll  
Tossed Salad  
Fruit  
Milk

A Fruit & Yogurt Plate and a Selection of Fresh Fruits & Vegetables are served Daily

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**2**

French Toast Sticks  
& Turkey Sausage Links  
Cheese Pizza  
Crispy Chicken Salad w/ Dinner Roll  
Roasted Potatoes  
Fruit  
Milk

**3**

Macaroni & Cheese  
Cheese Pizza  
Chef's Salad w/ Dinner Roll  
Green Peas  
Fruit  
Milk

**4**

Beef & Cheese Nachos w/  
Salsa, Sour Cream, Shredded  
Lettuce, & Jalapeños  
Cheese Pizza  
Crispy Chicken Salad w/ Dinner Roll  
Mexican Black Beans  
Fruit  
Milk

**5**

Tandoori Chicken w/ Brown Rice  
Cheese Pizza  
Chef's Salad w/ Dinner Roll  
Steamed Broccoli  
Fruit  
Milk

**6**

Pepperoni Pizza  
Cheese Pizza  
Crispy Chicken Salad w/ Dinner Roll  
Glazed Carrots  
Fruit  
Milk

A Fruit & Yogurt Plate and a Selection of Fresh Fruits & Vegetables are served Daily

**9**

Crispy Chicken or Spicy Chicken  
Sandwich  
Cheese Pizza  
Crispy Chicken Salad w/ Dinner Roll  
Baked Beans  
Fruit  
Milk

**10**

Hurricane Grilled Cheese Sandwich  
Cheese Pizza  
Chef's Salad w/ Dinner Roll  
Roasted Sweet Potatoes  
Fruit  
Milk

**11**

Penne Pasta w/ Marinara Sauce  
& Meatballs  
Crispy Chicken Salad w/ Dinner Roll  
Roasted Broccoli  
Fruit  
Milk

**12**

Chicken & Waffles  
Cheese Pizza  
Chef's Salad w/ Dinner Roll  
Greene Beans  
Fruit  
Milk

**13**

Bacon Cheeseburger w/ Bun  
Cheese Pizza  
Crispy Chicken Salad w/ Dinner Roll  
Tater Tots  
Fruit  
Milk

A Fruit & Yogurt Plate and a Selection of Fresh Fruits & Vegetables are served Daily

**16**

Mozzarella Stuffed Breadsticks  
w/ Marinara Sauce  
Cheese Pizza  
Crispy Chicken Salad w/ Dinner Roll  
Carrots  
Fruit  
Milk

**17**

Beef & Cheese Enchiladas  
Cheese Pizza  
Chef's Salad w/ Dinner Rolls  
Refried Beans  
Fruit  
Milk

**18**

General Tso's Chicken  
w/ Brown Rice  
Cheese Pizza  
Crispy Chicken Salad w/ Dinner Rolls  
Steamed Broccoli  
Fruit  
Milk



**20**

Pepperoni Pizza  
Cheese Pizza  
Crispy Chicken Salad w/ Dinner Roll  
French Fries  
Fruit  
Milk

A Fruit & Yogurt Plate and a Selection of Fresh Fruits & Vegetables are served Daily

**23**

Cheeseburger  
Cheese Pizza  
Crispy Chicken Salad w/ Dinner Roll  
Roasted Broccoli  
Fruit  
Milk

**24**

BBQ Pulled Pork Sandwich  
Cheese Pizza  
Chef's Salad w/ Dinner Roll  
Baked Beans & Cole Slaw  
Fruit  
Milk

**25**

Spud Bowl  
Cheese Pizza  
Crispy Chicken Salad w/ Dinner Rolls  
Corn  
Fruit  
Milk

**26**

Chicken Teriyaki Stir-fry  
w/ Brown Rice  
Cheese Pizza  
Chef's Salad w/ Dinner Roll  
Stir-fry Vegetables  
Fruit  
Milk

**27**

Crispy Chicken or Spicy Chicken  
Sandwich  
Cheese Pizza  
Crispy Chicken Salad w/ Dinner Roll  
Sweet Potato Fries  
Fruit  
Milk

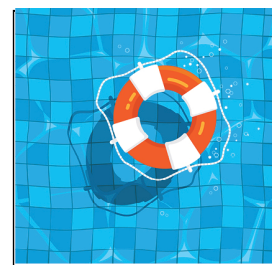
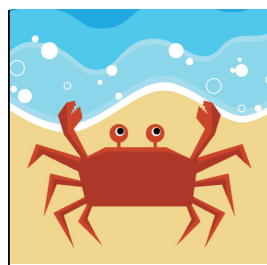
A Fruit & Yogurt Plate and a Selection of Fresh Fruits & Vegetables are served Daily

**30**

Boneless Wing w/ Pretzel  
and Choice of Sauce  
Cheese Pizza  
Crispy Chicken Salad w/ Tortilla  
Chips  
Tater Tots  
Fruit  
Milk

All Lunches Must Meet the Required  
USDA Meal Pattern

All Lunches Must be Consumed  
On-Site



A Fruit & Yogurt Plate and a Selection of Fresh Fruits & Vegetables are served Daily

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**MEAL REQUIREMENTS**

**Must select at least 3 of the 5 offered components:**  
Meat/Meat Alternative;  
Grain; Veggie; Fruit; Milk

**ONE SELECTION MUST BE A 1/2 CUP OF FRUIT OR VEGGIE!**



**1**

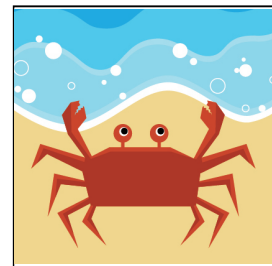
Turkey Pot Roast w/ Dinner Roll  
Mashed Potatoes & Gravy  
Cheese Pizza  
Chef's Salad w/ Dinner Roll  
Corn  
Fruit  
Milk

**2**

Chicken Patty, Bacon, & Cheese Sandwich  
Cheese Pizza  
Crispy Chicken Salad w/ Dinner Roll  
Roasted Carrots  
Fruit  
Milk

**3**

Corn Dog  
Cheese Pizza  
Chef's Salad w/ Dinner Rolls  
Baked Beans  
Fruit  
Milk



A Fruit & Yogurt Plate and a Selection of Fresh Fruits & Vegetables are served Daily

**7**

French Toast Sticks  
& Turkey Sausage Links  
Cheese Pizza  
Crispy Chicken Salas w/ Dinner Rolls  
Roasted Potatoes  
Fruit  
Milk

**8**

Macaroni & Cheese  
Cheese Pizza  
Chef's Salad w/ Dinner Roll  
Green Peas  
Fruit  
Milk

**9**

Beef & Cheese Nachos w/  
Salsa, Sour Cream, Shredded  
Lettuce, & Jalapeños  
Cheese Pizza  
Crispy Chicken Salad w/ Dinner Roll  
Mexican Black Beans  
Fruit  
Milk

**10**

Tandoori Chicken w/ Brown Rice  
Cheese Pizza  
Chef's Salad w/ Dinner Roll  
Steamed Broccoli  
Fruit  
Milk

**11**

Pepperoni Pizza  
Cheese Pizza  
Crispy Chicken Salad w/ Dinner Roll  
Glazed Carrots  
Fruit  
Milk

A Fruit & Yogurt Plate and a Selection of Fresh Fruits & Vegetables are served Daily

**14**

Crispy Chicken or Spicy Chicken  
Sandwich  
Cheese Pizza  
Crispy Chicken Salad w/ Dinner Roll  
Baked Beans  
Fruit  
Milk

**15**

Hurricane grilled Cheese Sandwich  
Cheese Pizza  
Chef's Salad w/ Dinner Roll  
Roasted Sweet Potatoes  
Fruit  
Milk

**16**

Penne Pasta w/ Marinara Sauce  
& Meatballs  
Crispy Chicken Salad w/ Dinner Roll  
Roasted Broccoli  
Fruit  
Milk

**17**

Turkey Pot Roast w/ Dinner Roll  
Mashed Potatoes & Gravy  
Cheese Pizza  
Chef's Salad w/ Dinner Roll  
Steamed Broccoli  
Fruit  
Milk

**18**

Bacon Cheeseburger e/ Bun  
Cheese Pizza  
Crispy Chicken Salad w/ Dinner Roll  
Tater Tots  
Fruit  
Milk

A Fruit & Yogurt Plate and a Selection of Fresh Fruits & Vegetables are served Daily

**21**

Mozzarella Stuffed Breadsticks  
w/ Marinara Sauce  
Cheese Sauce  
Crispy Chicken Salad w/ Dinner Roll  
Glazed Carrots  
Fruit  
Milk

**22**

Beef & Cheese Enchiladas  
Cheese Pizza  
Chef's Salad w/ Dinner Rolls  
Refried Beans  
Fruit  
Milk

**23**

General Tso's Chicken  
w/ Brown Rice  
Cheese Pizza  
Crispy Chicken Salad w/ Dinner Roll  
Steamed Broccoli  
Fruit  
Milk

**24**

Crispy Chicken or Spicy Chicken  
Sandwich  
Cheese Pizza  
Chef's Salad w/ Dinner Roll  
Green Peas  
Fruit  
Milk

**25**

Pepperoni Pizza  
Cheese Pizza  
Crispy Chicken Salad w/ Dinner roll  
French Fries  
Fruit  
Milk

A Fruit & Yogurt Plate and a Selection of Fresh Fruits & Vegetables are served Daily

**28**

Cheeseburger  
Cheese Pizza  
Crispy Chicken Salad w/ Dinner Roll  
Roasted Broccoli  
Fruit  
Milk

**29**

BBQ Pulled Pork Sandwich  
Cheese Pizza  
Chef's Salad w/ Dinner Roll  
Baked Beans & Cole Slaw  
Fruit  
Milk

**30**

Spud Bowl  
Cheese Pizza  
Crispy Chicken Salad w/ Dinner Roll  
Corn  
Fruit  
Milk

**31**

All Lunches Must Meet the  
Required USDA  
Meal Pattern

All Lunches Must be  
Consumed On-Site

A Fruit & Yogurt Plate and a Selection of Fresh Fruits & Vegetables are served Daily

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**MEAL REQUIREMENTS**

Must select at least 3 of the 5 offered components:  
Meat/Meat Alternative;  
Grain; Veggie; Fruit; Milk

ONE SELECTION MUST BE A 1/2 CUP OF FRUIT OR VEGGIE!

You can care for yourself by:

STAYING HYDRATED BY DRINKING LOTS OF WATER

and eating water-rich foods like oranges and grapefruits.

*It's Summer Time*

Chicken Teriyaki Stir-fry  
Cheese Pizza  
Chef's Salad w/ Dinner Roll  
Stir-Fry Vegetables  
Fruit  
Milk

**1**

Crispy Chicken or Spicy Chicken Sandwich  
Cheese Pizza  
Crispy Chicken Salad w/ Dinner Roll  
Sweet Potato Fries  
Fruit  
Milk

A Fruit & Yogurt Plate and a Selection of Fresh Fruits & Vegetables are served Daily

**4**

Boneless Chicken Winge w/ Pretzel & Choice of Sauce  
Cheese Pizza  
Crispy Chicken Salad w/ Dinner Roll  
Tater Tots  
Fruit  
Milk

**5**

Turkey Pot Roast w/ Dinner Roll  
Mashed Potato & Gravy  
Cheese Pizza  
Chef's Salad w/ Dinner Roll  
Corn  
Fruit  
Milk

**6**

Chicken Patty, Bacon, & Cheese Sandwich  
Cheese Pizza  
Crispy Chicken Salad w/ Dinner Roll  
Roasted Carrots  
Fruit  
Milk

**7**

Corn Dog  
Cheese Pizza  
Chef's Salad w/ Dinner Roll  
Baked Beans  
Fruit  
Milk

**8**

Pepperoni Pizza  
Cheese Pizza  
Crispy Chicken Salad w/ Dinner Roll  
Green Peas  
Fruit  
Milk

A Fruit & Yogurt Plate and a Selection of Fresh Fruits & Vegetables are served Daily

**11**

**12**

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**18**

**19**

**20**

**21**

**22**

A Fruit & Yogurt Plate and a Selection of Fresh Fruits & Vegetables are served Daily

**25**

**26**

**27**

**28**

ALL Lunches Must Meet The Required USDA Meal Pattern

**29**

All Lunches Must be Consumed On-Site

A Fruit & Yogurt Plate and a Selection of Fresh Fruits & Vegetables are served Daily