

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MEAL REQUIREMENTS

Must select at least 3 of the 5 offered components:
Meat/Meat Alternative;
Grain; Veggie; Fruit; Milk

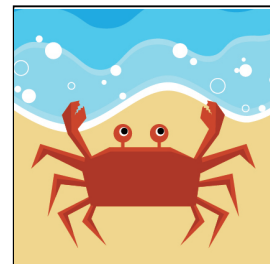
ONE SELECTION MUST BE A 1/2 CUP OF FRUIT OR VEGGIE!



1
Turkey Pot Roast w/ Dinner Roll
Mashed Potatoes & Gravy
Cheese Pizza
Chef's Salad w/ Dinner Roll
Corn
Fruit
Milk

2
Chicken Patty, Bacon, & Cheese Sandwich
Cheese Pizza
Crispy Chicken Salad w/ Dinner Roll
Roasted Carrots
Fruit
Milk

3
Corn Dog
Cheese Pizza
Chef's Salad w/ Dinner Rolls
Baked Beans
Fruit
Milk



A Fruit & Yogurt Plate and a Selection of Fresh Fruits & Vegetables are served Daily

7
French Toast Sticks
& Turkey Sausage Links
Cheese Pizza
Crispy Chicken Salas w/ Dinner Rolls
Roasted Potatoes
Fruit
Milk

8
Macaroni & Cheese
Cheese Pizza
Chef's Salad w/ Dinner Roll
Green Peas
Fruit
Milk

9
Beef & Cheese Nachos w/
Salsa, Sour Cream, Shredded
Lettuce, & Jalapeños
Cheese Pizza
Crispy Chicken Salad w/ Dinner Roll
Mexican Black Beans
Fruit
Milk

10
Tandoori Chicken w/ Brown Rice
Cheese Pizza
Chef's Salad w/ Dinner Roll
Steamed Broccoli
Fruit
Milk

11
Pepperoni Pizza
Cheese Pizza
Crispy Chicken Salad w/ Dinner Roll
Glazed Carrots
Fruit
Milk

A Fruit & Yogurt Plate and a Selection of Fresh Fruits & Vegetables are served Daily

14
Crispy Chicken or Spicy Chicken
Sandwich
Cheese Pizza
Crispy Chicken Salad w/ Dinner Roll
Baked Beans
Fruit
Milk

15
Hurricane grilled Cheese Sandwich
Cheese Pizza
Chef's Salad w/ Dinner Roll
Roasted Sweet Potatoes
Fruit
Milk

16
Penne Pasta w/ Marinara Sauce
& Meatballs
Crispy Chicken Salad w/ Dinner Roll
Roasted Broccoli
Fruit
Milk

17
Turkey Pot Roast w/ Dinner Roll
Mashed Potatoes & Gravy
Cheese Pizza
Chef's Salad w/ Dinner Roll
Steamed Broccoli
Fruit
Milk

18
Bacon Cheeseburger e/ Bun
Cheese Pizza
Crispy Chicken Salad w/ Dinner Roll
Tater Tots
Fruit
Milk

A Fruit & Yogurt Plate and a Selection of Fresh Fruits & Vegetables are served Daily

21
Mozzarella Stuffed Breadsticks
w/ Marinara Sauce
Cheese Sauce
Crispy Chicken Salad w/ Dinner Roll
Glazed Carrots
Fruit
Milk

22
Beef & Cheese Enchiladas
Cheese Pizza
Chef's Salad w/ Dinner Rolls
Refried Beans
Fruit
Milk

23
General Tso's Chicken
w/ Brown Rice
Cheese Pizza
Crispy Chicken Salad w/ Dinner Roll
Steamed Broccoli
Fruit
Milk

24
Crispy Chicken or Spicy Chicken
Sandwich
Cheese Pizza
Chef's Salad w/ Dinner Roll
Green Peas
Fruit
Milk

25
Pepperoni Pizza
Cheese Pizza
Crispy Chicken Salad w/ Dinner roll
French Fries
Fruit
Milk

A Fruit & Yogurt Plate and a Selection of Fresh Fruits & Vegetables are served Daily

28
Cheeseburger
Cheese Pizza
Crispy Chicken Salad w/ Dinner Roll
Roasted Broccoli
Fruit
Milk

29
BBQ Pulled Pork Sandwich
Cheese Pizza
Chef's Salad w/ Dinner Roll
Baked Beans & Cole Slaw
Fruit
Milk

30
Spud Bowl
Cheese Pizza
Crispy Chicken Salad w/ Dinner Roll
Corn
Fruit
Milk

31
All Lunches Must Meet the
Required USDA
Meal Pattern

All Lunches Must be
Consumed On-Site

A Fruit & Yogurt Plate and a Selection of Fresh Fruits & Vegetables are served Daily