

Staff Lunch Menu

Please call in all orders (283-7447) by 9:00am. You may also leave a voicemail for the following day. Please include your name, building, delivery date and extension number. Email address: hskitchen1@wilmington.k12.oh.us

Salads \$5.00

Dressings available: Lite Ranch, Buffalo Ranch, Country French, Golden Italian, Balsamic Vinaigrette, Honey Mustard & Caesar

Chef Salad

Turkey, ham, egg, shredded American cheese, tomato, and croutons on a bed of mixed greens

Cobb Salad

Turkey, bacon, shredded American cheese, egg, and tomato arranged on a bed of mixed greens

Chicken Caesar Salad

Popcorn chicken bites, shredded Parmesan and croutons on a bed of mixed greens

Chicken BLT Salad

Popcorn chicken bites, chopped bacon, shredded American, cherry tomato, cucumber slices and croutons on a bed of mixed greens

Garden Salad

Carrots, cucumber slices, green pepper slices, broccoli, red onion and tomato on a bed of mixed greens

Build Your Own Salad

You pick from anything above with the addition of banana peppers and jalepenos

Sandwiches \$5.00

Your choice of a wheat hoagie roll, hamburger bun, or tortilla wrap

BLT

Bacon, lettuce, and tomato with ranch dressing on the side

Italian

Salami, pepperoni, ham, lettuce, tomato, onion, banana peppers, Mozzarella cheese and Italian dressing on the side

Create your own

Meats: Turkey, ham, popcorn chicken and salami

Fixins: Lettuce, tomato, American, Swiss, mozzarella or pepperjack cheese, cucumber, egg, banana peppers, jalapenos, onion, pickles and bacon

**Mayo and mustard packets available upon request*

***All salads and sandwiches are accompanied by a cookie and your choice of fresh fruit or a bag of chips.**

A la carte

Yogurt Parfait – low fat vanilla yogurt layered with fruit and topped with honey oat granola - \$ 2.50

Baked Potato - dressed on the side with cheese, sour cream, bacon and butter - \$2.00